

**EAST LoTHIAN
JOINT MENTAL HEALTH PLANNING GROUP**

**Wednesday 28th January 2009, 2 pm
Boardroom, Edenhall Hospital**

MINUTES

Present:

Ian Johnston	Clinical Director, ELCHP (Co-Chair)
Paul Noyes	Planning & Commissioning Officer (Mental Health), ELC
Neil Mayfield	Consultant Psychiatrist, Herdmanflat Hospital
Gary Smith	Providers Forum Representative
Tony Segall	Centre Manager, Carers of East Lothian
Laurelle Edmunds	Carer Representative, Carers Of East Lothian
Fiona Graham	Head Occupational Therapist, Herdmanflat Hospital
Lesley Aitkenhead	East Lothian Community Care Forum
Linda Irvine	Strategic Programme Manager, Mental Health & Wellbeing, NHS Lothian
Angela Kenney	Housing Strategy & Development Officer, ELC
Nikki Moran	Development Worker, ELIG
Linda Young	Service Manager Community Care
Norman Frazer	Acting Head of Psychology, East & Midlothian CHPs
Patricia Graham	Consultant Clinical Psychologist, Edenhall Hospital

In attendance:

Lynda McCraw Minutes

Action

- 1.0 **Apologies**
Morgan Flynn, David Haldane, Gordon Miller

- 2.0 **Minutes of the previous meeting**
The Minutes of the meeting held on 23rd December 2008 were approved as a true and accurate record.

- 3.0 **Matters arising**
 - 3.1 **Psychology**
Norman Frazer informed that staffing is up to full compliment now - there are 2.1 WTE psychologists (0.5 WTE Alison Wells included with this) and 2 WTE clinical associates in East Lothian. Expertise is to be shared across both East and Midlothian. Waiting list initiatives are being looked at. The Scottish Government Matrix document is a useful guide to planning and delivering psychological therapies. Professor Mary Reid has an honorary contract with NHS which will provide development opportunities. Integration of psychological therapies within the CMHT will take time.

3.2 **CrossReach Counselling Services**

Linda Irvine attended a meeting recently with CrossReach - members will be updated by e-mail if necessary.

4.0 **Mental Health and Wellbeing Programme Board update**

No meeting since last JMHPG.

5.0 **5 Years On Paper**

Papers were circulated previously providing a summary of progress made with regards Mental Health and Well Being in Lothian. The current strategy is near completion (2005-10) - a stakeholder event is to be held on 5th March to discuss what needs to be done over the next five years for children, young people and adults of all ages.

6.0 **East Lothian Strategy**

The East Lothian Implementation Plan 2007-10 was circulated previously for member's comments regarding its possible publication/use as an internet resource. It was agreed that it would be good as an internet resource but given the timescales involved there is no point in printing the document.

It was reminded that it is a working document and it was suggested that an updated action plan is produced alongside it.

7.0 **Local Strategy and Implementation Plan update**

7.1 **CMHT - update on new service**

The IHTT is running to full capacity. Garleton beds have been reduced from 16 to 14. There is a proposal around extending the IHTT to 24 hours to provide a more consistent service. The speciality doctor post (previously known as staff grade) is out to advert. The CPN/recovery service is hardest stretched - an extra 1.6 nursing staff has been requested. There are issues with Garleton regarding social work allocation/funding for care packages. 50% of in-patient admissions have come from the REH.

7.2 **Cameron Cottage update**

The first referral assessment review meeting has been held - this meets every six weeks, chaired by Dr Riddle. Angela explained that some extra funding to prevent 'Homelessness' has been confirmed from housing.

7.3 **Social work posts update**

The posts will be advertised next Friday.

7.4 **Peer support update**

A steering group is to be set up to support the peer support workers and will look at how the posts develop when the ward closes. There is a suggestion of integrating to the IHTT.

7.5 **Day Services - Tynepark proposed service changes**

Extensive discussion took place on the proposed service changes at Tynepark. The following points were noted:

- Training is available from Susan Pollock for Tynepark staff (WRAP) - Paul to forward information to Tynepark.
- Who does person centred plans with patients?
- Outreach is missing and probably not possible on current funding
- The Carers support group is still mentioned in the new plan - this is should be the remit of COEL.

Issues will be taken back to CrossReach/Tynepark before sign-off at the February JMHPG.

7.6 Carers development

Referrals are coming from the wider CMHT and self referrals. Formal criteria has been developed. A two day training course for carers is to take place on 5th and 19th March. Outstanding logistical issues are being looked at with David Haldane.

7.7 REH re-provisioning

Additional work needs to be undertaken - the site options have been stalled. A progress report is going to the Board today.

8.0 Acute Patient Forum

The Charge Nurse on Garleton ward has been tasked with setting this up - work is ongoing.

9.0 ELIG Issues

Nikki Moran was introduced as the new development worker for ELIG and a brief summary given of her work.

10.0 AOCB

10.1 Draft East Lothian Homelessness Strategy

The draft Homelessness Strategy was tabled and is open for consultation until 16th March.

10.2 Mental Health Single Outcome Agreement

A draft template was circulated previously on the health and social care logic model (mental health) for review and comment on the outcomes - e-mail comments to Paul Noyes.

10.3 Project Ability - Art Project

Details of the Project Ability art project, which is coming to East Lothian, will be circulated to members.

PN

11.0 Date of next meeting

The next meeting will be held on **Wednesday 25th February 2009 at 2pm in the Boardroom, Edenhall Hospital.**

Agenda items to Paul Noyes (pnoyes@eastlothian.gov.uk)