

**EAST LoTHIAN
JOINT MENTAL HEALTH PLANNING GROUP**

**Wednesday 25th February 2009, 2 pm
Boardroom, Edenhall Hospital**

MINUTES

Present:

Ian Johnston	Clinical Director, ELCHP (Co-Chair)
Paul Noyes	Planning & Commissioning Officer (Mental Health), ELC
Tony Segall	Centre Manager, Carers of East Lothian
David Haldane	Clinical Services Manager, Mental Health, Herdmanflat Hospital
Angela Kenney	Housing Strategy & Development Officer, ELC
Patricia Graham	Consultant Clinical Psychologist, Edenhall Hospital
Nikki Moran	Development Worker, ELIG
Linda Young	Service Manager, Community Care, ELC

In attendance:

Lynda McCraw	<i>Minutes</i>
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Action

- 1.0 Apologies**
Neil Mayfield, Gary Smith, Fiona Graham, Gordon Miller, Laurelle Edmunds, Norman Frazer, Linda Irvine, Lesley Aitkenhead
- 2.0 Minutes of the previous meeting**
- 2.1 Day Services - Tynepark proposed service changes (7.5)**
Last bullet point amended to read *"The Carers support group is still mentioned in the new plan - the future of this group requires further discussion."*
Following the amendment above, the Minutes of the meeting held on 28th January 2009 were approved.
- 3.0 Matters arising**
- 3.1 Project Ability - Art Project**
Referrals to the art project workshops have been slow - workshops were due to commence end February/beginning March. It has been suggested that they be delayed a month or so to raise further awareness.
- 4.0 Mental Health and Wellbeing Programme Board update**
- 4.1** Notes of the December meeting were circulated previously for information - it was highlighted that discussion had taken place regarding the 5 Years On Mental Health and Wellbeing strategy which is coming towards its end in 2010.
The next meeting is 26th February.

5.0 5 Years On

Members were reminded of the consultation event being held on 5th March - it was hoped to have reasonable representation from East Lothian. It was noted that the Learning Disability Planning Group and Older People's Planning Group are holding meetings the same day. Any particular issues members wish brought up at the consultation event can e-mail Paul Noyes.

6.0 Local Strategy and Implementation Plan update/progress

6.1 CMHT update

- Garleton has 14 beds - 12 patients are currently in Garleton, 4 of which are delayed discharges.
- There are 10 service users to the IHTT.
- The speciality doctor job description template needs rewritten - once this is signed off by HR, the post can then go to advert.
- It has been agreed that a consultant will scrutinise all urgent referrals into the CMHT service - terminology needs defined.
- There are concerns with capacity within the CMHT. Robert Quate, Team Leader, is working with CPNs reviewing caseloads.
- An Away Day has been arranged for the core CMHT on 22nd April at Musselburgh Racecourse - 40 places are available.
- Admin support within the CMHT is extremely stretched.
- There is a wte Band 6 nurse short in the IHTT.
- There will be full recruitment to the nurse therapist posts by 16th March 2009.

It was noted that a revamp of the mental health directory is needed once the CMHT has bedded down. Reference was made to the Mood Café website which produces and collates information/resources relevant to various common psychological problems across Fife. It was recognised that how mental health information is accessed and presented in East Lothian needs looked at jointly - Ian Johnston is to find out who is the lead for the ELCHP website.

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6.2 Cameron Cottage update

- There is a process in place for the phased move of two individuals identified from Garleton to Cameron Cottage.
- It was clarified that Dr Riddle is the medical consultant for the referral assessment review group.
- Paul Noyes is to organise twice yearly meetings of the implementation group.
- An update is needed on where recovery training is at for Cameron Cottage staff.

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6.3 Social Work posts update

Twelve applications have been received for the social work posts.

6.4 Peer support update

The Peer Support Steering Group is due to meet shortly. Peer support is now fully staffed (one wte). There has been agreement that when Garleton moves to the REH, the peer support posts will come to

the CMHT.

6.5 Day services - Tynepark

Recovery training for all Tynepark staff will take place before the new service commences in April. Further negotiation is needed regarding the future of the carers support group. The planning group supported the proposal to use a vacant room in Tynepark as a CPN base - a cost will need to be negotiated and David Haldane will take this forward. Service users have requested to meet with Paul Noyes to discuss issues and concerns.

6.6 Carers development update

- Nine new referrals were received in January from a wide variety of sources.
- Places are still available for two days training for carers of people with mental health problems on 5th and 19th March at the Tynepark annexe.
- Evolution of the carers support group needs looked at.
- IT issues need to be resolved.

6.7 REH re-provisioning update

No report.

7.0 Acute Patient Forum

A meeting is being arranged for the week commencing 31st March at the Doughty Centre.

8.0 ELIG

ELIG recognise there is a shortage in social workers. It has also been noted there is a shortage of support worker hours. Feedback regarding the wider picture, outwith this arena, would be appreciated. Issues regarding young people will be brought to the group.

9.0 AOCB

9.1 A bid for funding for a Community Care Housing Needs Assessment has been unsuccessful. Issues around collecting needs data in terms of mental health housing were discussed. Angela Kenney is to identify housing indicators for David Haldane to look at.

9.2 Details of the "Support From the Start" conference on 16th March will be e-mailed to members.

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9.3 Reference was made to the Equality Act which comes into place in April 2009. Discussion followed on the increasing concern among health staff regarding how care is provided in the over 65s with a functional mental health illness.

10.0 Date of next meeting

The next meeting will be held on **Wednesday 25th March 2009 at 2pm in the Boardroom, Edenhall Hospital.**

Agenda items to Paul Noyes (pnoyes@eastlothian.gov.uk)