

**EAST LoTHIAN  
JOINT MENTAL HEALTH PLANNING GROUP**

**Wednesday 25<sup>th</sup> March 2009, 2 pm  
Boardroom, Edenhall Hospital**

**MINUTES**

**Present:**

Ian Johnston	Clinical Director, ELCHP (Co-Chair)
Paul Noyes	Planning & Commissioning Officer (Mental Health), ELC
Neil Mayfield	Consultant Psychiatrist, Herdmanflat Hospital
Gary Smith	Providers Forum Representative
Tony Segall	Centre Manager, Carers of East Lothian
Laurelle Edmunds	Carer Representative, Carers Of East Lothian
David Haldane	Clinical Services Manager, Mental Health, Herdmanflat Hospital
Angela Kenney	Housing Strategy & Development Officer, ELC
Morgan Flynn	GP, North Berwick
Nikki Moran	Development Worker, ELIG
Linda Young	Service Manager, Community Care, ELC

**In attendance:**

Lynda McCraw                      *Minutes*

- |            |   | <b>Action</b> |
|------------|---|---------------|
| <b>1.0</b> | <b>Apologies</b><br>Patricia Graham, Thomas Miller, Fiona Graham, Gerry Power, Linda Irvine, Lesley Aitkenhead.   |               |
| <b>2.0</b> | <b>Minutes of the previous meeting</b><br>The Minutes of the meeting held on 25 <sup>th</sup> February 2009 were approved.  |               |
| <b>3.0</b> | <b>Matters arising</b>  |               |
| 3.1        | <b>CMHT update (6.1)</b><br>Ian Johnston will find out for the next meeting who the lead is for the ELCHP website.  | IJ            |
| 3.2        | <b>Cameron Cottage</b><br>It was queried whether patients discharged from Herdmanflat to Cameron Cottage were registered with one of the Musselburgh GP practices - David Haldane will look into this.<br>Paul Noyes will raise the matter at the Cameron Cottage referral meeting. | DH<br>PN      |
| 3.3        | <b>'Support from the Start' conference</b><br>Information on the conference was circulated by e-mail. East Lothian is one of six pilot sites in Scotland for Equally Well which will address health inequality issues.  |               |

- 4.0 Mental Health and Wellbeing Programme Board update**  
PN - MH collaborative - presented to this meeting main focus on stats and getting systems in place - driven by health agenda.  
AK - Capacity planning - workbooks. One for Older People and Learning Disabilities - not for Mental Health.  
PN - Data collection - major exercises going on.  
IJ - Now coming to end of current MH Strategy - next 5 years - not put together yet - limbo phase - need to review progress on local implementation plan.  
ICPs - Primary care focus - disease orientated.  
MF - Problem in Primary Care - IHT dominated Agenda - rest fallen off (MH Services Primary Care) - huge problem.

- 5.0 Choose Life - TAMFS**  
The drive of the Choose Life programme has changed - it is now located within NHS Health Scotland not Scottish Government.  
Training initiatives (ASIST, Mental Health First Aid) in East Lothian are now being supported by Changes. Accessing STORM training for health staff is being looked into. Most training to date has been accessed mainly by Voluntary Sector - not huge amount from health which raises issues with regard to HEAT target.  
MF - Suicide review for GPs?  
PN - If issues around this, co-ordinate through Choose Life  
NM - How to commence re suicides in East Lothian - interested in.  
PN - Might want to discuss TAMFS document next meeting.

- 6.0 CMHT**  
DH - Had to move Band 6 across into IHTT - significant numbers coming to IHTT - assessment and treatment within 4 hours.  
  
There are particular staffing problems in the main recovery team and staff are toiling.  
  
DH to go to Linda Irvine - £70k short - put together paper, evidence, general support from JMHPG - additional funding needed.

- 7.0 New Community Hospital**  
PN - Graham Gillies Project Manager presented on this at the Mental Health Forum - Hopetoun site/unit favoured one - Adult MH beds not part of this.

Group need to think about what will be the location for the CMHT.

## **8.0 Local Strategy and Implementation Plan**

- 8.1** CMHT already discussed

### **8.2 Cameron Cottage**

PN - Cameron Cottage moving on well - changed culture - 8 people there - of 'old' residents 1 has care plan and 1 doesn't

## 8.3 Social work posts

Interviews were held on 24<sup>th</sup> March. It is anticipated that the new posts will commence May/June.

## 8.4 Peer support

The steering group meeting was positive. There is now one WTE (two job share) peer support worker. It has been confirmed that the posts will transfer to the IHTT when Garleton moves in September 2009. A national steering group meeting is to take place on 15<sup>th</sup> May.

## 8.5 Day services - Tynepark

Work ongoing in relation to changes in service - we need to get clear evidence of changes to services and benefits to MH service users.

## 8.6 Carers development

TS - Still issues about proper space & IT.

## 8.7 REH re-provisioning

DH - Garleton now mainly down to 12 beds - September move is still target date.

Discussions with REH needed soon as to when / how to move forward.

Garleton - losing staff and this presents issues for safety and sustainability.

DH - Gerry power conversation with T Rogers needed - issues to sort.

IJ

## 9.0 Acute Patient Forum

A meeting is to be held on 3<sup>rd</sup> April - Dot Hanson is leading on this.

## 10.0 ELIG

Monthly meetings have been set up in Garleton. The group was informed of various patient issues.

N Moran issues - better communication between pharmacist and GPs?

Gaps occurring - more support young adults - on the ground - more activities in Garleton - Nikki has forms for clients to fill in.

## 11.0 AOCB

11.1 LE - telephone answering machines in CMHT - problem / stressful - took week to reply - useful if let know got message - ideally have admin person - put on paper (DH).

11.2 A date is to be arranged for Jackie Sansbury to come out to Tynepark.

## 12.0 Date of next meeting

The next meeting will be held on **Wednesday 22<sup>nd</sup> April 2009** at 2pm in the Boardroom, Edenhall Hospital.

Agenda items to Paul Noyes ([pnoyes@eastlothian.gov.uk](mailto:pnoyes@eastlothian.gov.uk))

**DRAFT**