

**EAST LoTHIAN
JOINT MENTAL HEALTH PLANNING GROUP**

**Wednesday 27th May 2009, 2 pm
Boardroom, Edenhall Hospital**

MINUTES

Present:

Paul Noyes	Planning & Commissioning Officer (Mental Health), ELC
Thomas Miller	Unison (Health)
Garry Smith	Providers Forum Representative
Linda Irvine	Strategic Programme Manager Mental Health and Wellbeing
Fiona Graham	Head Occupational Therapist, Herdmanflat Hospital
Nikki Moran	Development Worker, ELIG
Tony Segal	Centre Manager, Carers of East Lothian

In attendance:

Rohan Bruce *Minutes*

Action

1 **Apologies**
Ian Johnston, Neil Mayfield, Angela Kenny, Linda Young, Gerry Power, Patricia Graham, David Haldane, Laurelle Edmunds, Lesley Aitkenhead

2 **Minutes of the previous meeting**
The Minutes of the meeting held on 25th March 2009 were approved.

3 **Matters arising**

3.1 Public Information

Paul Noyes (PN) noted that as mentioned in previous meetings, this is ongoing concern that we need to return to. Ian Johnston was to find out who the lead is for the ELCHP website. This point is to be carried forward to the next meeting.

**Ian
Johnston**

3.2 Suicide Awareness

Morgan Flynn had raised the need for increased suicide awareness for GPs at the last meeting and had suggested that this could be looked at amongst the General Practitioner Protected Learning Time.

PN reported that there had been an input to the Protected learning time session on 29th April and this had been well received. There were inputs from Phil Mackie (overview regarding the prevalence of suicide and some focal issues in research studies), Paul Noyes (Ongoing work of Choose Life) and Neil Whitten - Mental Health Assist First Aid Trainer (short input into suicide issues).

3.3 Funding Shortfall

Thomas Miller (TM) raised the question of David Haldane (DH) liaising with Linda Irvine (LI) regarding a funding shortfall. LI responded that she understood that some of the funding had been found, and that she understood from conversation with DH that this no longer seemed to be an issue, as he had made some changes that had alleviated some of the concerns. A conversation ensued regarding the background to the funding shortfall and the need for evidencing of where funding had gone. PN requested that this point be carried forward to the next meeting for the relevant people to be present.

LI requested that parameters be defined regarding what information was needed in order to provide this evidence, and the evidence collated prior to the next meeting. PN queried whether this was something that needed to happen within the present meeting, or would be better dealt with in liaison with DH and or the team.

Nikki Moran provided feedback from service users regarding the changes to the CPNs. One issue was an inability of users attempting to access the CMHT/CPN Office to do so, by phone or foot. Stepping Out attempted to intervene in this issue. A second issue was that in North Berwick there is a possible difficulty in service users accessing GPs as a preventative measure before going to the CMHT, as there are apparently no available appointments. Again, Stepping Out intervened in this issue and noted discriminatory appointment availability for a certain service user. A third issue (raised in previous meetings) was reported on, a desire from service users to be offered a gender preference of CPN. This issue was reported to be in hand.

3.4 Follow ups for individuals discharged from Intensive Health Treatment Team (IHTT).

Tony Segal (TS) reported that a significant number of carers had concerns regarding the level of care/follow-up or perceived level of care/follow-up available to users directly after discharge from IHTT.

TS suggested that the reduction of level of care is not as gradual as would be appropriate, but was often a “cliff-type thing”. TS queried whether this could have a negative impact on user health, and suggested that some analysis could be useful.

NM added that she had met with Carr gomm staff in order to keep in contact with service users, and in a related issue, Carr gomm staff noted that when an individual is discharged from IHTT and/or CMHT, there does not appear to be notification from these departments to support workers of this fact. NM added that Cargomm respectfully requested notification of discharges in order to maintain care of users. NM further noted that Cargomm would like to attend any CMHT/ IHTT reviews if an invitation were at all possible, or if service users had declined to have a health support

worker present, to be informed of this fact.

Fiona Graham (FG) noted that systems such as this were in place for users on the CPA, but that this accounted for a very small proportion of people. She noted that in general systems were as yet not robust enough and should be addressed. PN emphasised that in general communication between departments was vital. FG responded that additionally, underlying systems were as yet not in place to facilitate this communication.

GS noted that in addition to this, communication between service users and support workers (i.e. two way communications) might also be improved in order to facilitate further care. Following on, LI noted a lack of relevant individuals (consultant, nurse manager) made discussion of important issues harder to take forward, and offered to supply a helpful framework/template from Midlothian which clearly delineates individual reporting responsibilities on a monthly basis. PN requested that this be brought up at the next meeting.

4 Mental Health and Wellbeing Programme Board Update

Last meeting 30th April

LI noted that there had been a strong health agenda, with a focus on processes and collaboration regarding HEAT targets. She reported that a work programme had been developed for the programme board to improve its structure, and went on to note that current foci of the Board (to be discussed at the Board Meeting on Friday 29 May) were:

- 1) A model for the Pan Lothian Rehabilitation Unit, with a desire to open the unit by December in the current ward of the Royal Edinburgh, as the service is urgently needed and cannot wait for the rebuild.
- 2) Eating Disorders
- 3) South east Scotland Inpatient Unit

LI went on to give a report on West Lothian current activities.

PN reminded the group that an event had been held (5 March) focusing on the next 5-year strategy. LI commented that the event had elicited multiple useful ideas regarding the organisation of further discussion facilitation. She noted that a programme was being put together and invited specific suggestions of priority issues that needed focused discussion.

Linda
Irvine

5 Scottish Government Social Benchmarking Exercise

PN updated the group on a preliminary scoping exercise aimed at making (what will become an annual) return on the year 2008/9, and noted a need to have in place mechanisms capable of capturing as much data as possible regarding Social care services provided/funded by the council

He noted that NHS service data was being collated in other ways.

NM inquired what the Social Benchmarking Exercise was

designed to achieve. PN replied that the exercise was intended to allow comparison of practices and service levels, between services and authorities in order to facilitate improvement and development across Scotland.

LI added that the exercise would also attempt to develop activity, costing and outcome confirmation systems. A discussion ensued regarding the implications of the exercise.

NM reported that Edinburgh City Council is looking at a 'one stop' advocacy service, which might be rolled out across the Lothian's if agreed with the local authorities. PN replied that he had not been informed of this but would make enquiries. PN & LI offered to check on the status of the Advocacy plan and feed back to NM.

PN / LI

6 Local Strategy and Implementation Plan

6.1 CMHT

Written updates were provided for the CMHT, IHT and Recovery Function

The group agreed his was helpful. PN noted that these updates are needed a week prior to meetings in order to be circulated with the papers.

NM noted that local police are unaware of where a current place of safety might be for mental health users in need. PN stated that this is the Gartland Ward. It was noted that Clare Falls had previously updated police services in this regard. Discussion ensued regarding this point. LI offered to find out what the current situation was.

Linda
Irvine

IHT

FG gave feedback on IHT and Recovery.

LI raised an issue regarding 25% of beds are occupied by patients awaiting accommodation. She requested a copy of Claire Forbes report regarding the lack of places available for discharges. A discussion ensued regarding this issue and the need for better protocols instituted at senior management level. It was suggested that responsibility for this lies with Jane Hopton. PN noted that this issue might be better dealt with by Gerry Power or Gordon Miller. FG offered to obtain more information on the patients awaiting accommodation.

Linda requested a copy of the forthcoming data from FG.

6.2 Cameron Cottage

PN updated the group on Cameron Cottage. It was noted that of the original occupants, only two were still in residence. Cameron Cottage has evolved positively into a fully functional community rehabilitation facility, with no revolving door patients as yet, and good links with housing.

6.3 Social Work Posts

PN reported that the two social work posts have been filled, and a start date of 29 May for one of these confirmed. The candidates (1 internal, 1 external) are experienced personnel.

6.4 Peer Support

LI asked whether Leslie & Robert were still in contact. NM replied that this was the case, and reported that everything was going well.

6.5 Day Services

PN reported that events were progressing re the action plan at Tyne Park. A discussion occurred regarding the lunch area/café created from the old crèche.

NM reported some resistance to the changes from longer-term users who had intended to go to press with their concerns, targeted at PN. The issue of joint responsibility for change was raised.

PN noted that a room at Tynepark has now been designated for use by the CMHT.

NM reported that ELIG now has an official slot for service issues to be raised.

FG reported that Tynepark staff have been on recovery training

6.6 Carers Development

TS raised some queries to LI regarding inflation uplift for the carers post. LI responded that for now invoicing should continue as normal.

TS reported on a new combined funding application that he is involved in.

6.7 Exercise Prescription

GS circulated a feasibility study document relating to prescription of exercise. Research is planned to validate exercise (health led walks) as a useful prescription in affective disorders e.g. depression. Funding was requested for this.

Discussion ensued regarding this. LI was supportive of this and suggested incorporating GPs, noting that there was £10 000 available, GS offered to organise for the study organisers to liaise with the board.

GS

6.8 REH Re-provision

LI gave an update regarding the business case for the re-provision. A query was raised regarding an update from the last meeting.

LI reported that she had met with Sarah regarding the engagement plan.

NM requested a list of topics the NHS was able to communicate to the public regarding the re-provision.

A discussion occurred regarding the imminent inpatient move. LI gave an update regarding and agreed to organise a report.

This was noted as an action point for the next meeting in regards to beds

Linda Irvine

7 Towards a Mentally Flourishing Scotland

7.1 Action Plan

PN provided an update on TMFS and noted a need for an action plan. LI suggested that ownership of this should be with Community Planning.

- 8 **Veteran Services**
PN provided an update on Veteran Services information papers had been circulated.
- 9 **ELIG update**
A number of ELIG issues have already been covered.
- There was some discussion about older persons services and concerns relating to older persons strategy.
- 10 **Acute Patient Forum**
FG noted that no minutes had yet been made available.
- 11 **AOCB**
- 11.1 NM enquired whether minutes for the JMHPG were free information. This was confirmed.
 PN noted that the council's annual Mental Welfare Commission visit had taken place this morning; it had been productive and positive.
 NM enquired whether any Board members might be interested in joining the Stepping Out management committee, or become volunteers.
- 11.2 A date is to be arranged for Jackie Sansbury to come out to Tynepark.
- 12 **Date of next meeting**
The next meeting will be held on **Wednesday 24th June 2009** at 2pm in the Boardroom, Edenhall Hospital.
Agenda items to Paul Noyes (pnoyes@eastlothian.gov.uk)