

**EAST LOTHIAN  
JOINT MENTAL HEALTH PLANNING GROUP**

**Wednesday 23<sup>rd</sup> September 2009, 13:30 hrs  
Boardroom, Edenhall Hospital**

**MINUTES**

**Present:**

Laurelle Edmunds	Carer Representative, Carers Of East Lothian
Morgan Flynn	GP, North Berwick
Patricia Graham	Consultant Clinical Psychologist, Edenhall Hospital
Ian Johnston	<i>Clinical Director, East Lothian CHP (Chair)</i>
Nikki Moran	Development Worker, ELIG
Paul Noyes	Planning & Commissioning Officer (Mental Health), ELC
Tony Segall	Centre Manager, Carers of East Lothian

**In attendance:**

Rohan Bruce                      East Lothian CHP

**1.0            Apologies** **Action**  
Linda Irvine, Angela Kenney, Patricia Graham, David Haldane, Linda Young

**2.0            Older People's Strategy**  
The group considered the Consultation Event Older People's Strategy notes and responses: 'Living Better in Later Live' . Please see attached notes from Paul Noyes for further information.

**3.0            Minutes of the previous meeting**

3.1            The sentence:  
                  *"A request was made for a list of GP names who can be contacted if necessary, in case of Psychiatric Emergency. LI will check into this"*  
                  and paragraph  
                  *"A query was made as to whether Psychiatrists were to be included on this list, as when GPs are called away OOH, they are taken away from other essential duties. Rotas are currently being reviewed and should be available by 22<sup>nd</sup> September"* are to be removed from the bottom of page 4.

3.2            The addition of:  
                  *"and not an Emergency Detention completed by a GP"* is to be made to the last bullet point on Page 4.

With these changes, the Minutes of the meeting held on 26<sup>th</sup> August 2009 were approved as an accurate record.

**4.0            Matters arising**

4.1            Previous Item

**8.0 Psychiatric Emergency Plan (PEP)** The completed PEP has been

circulated, and will continue to evolve over time.

It was noted that although this plan has been received by the JMHPG, it may require validation/authorisation. A query was raised regarding this.

4.2 Previous Item

**12.1 Self Management Fund** – John Boyce has been invited to the October JMHPG meeting to discuss a report regarding the fund.

4.3 Previous Item

**5.1 CMHT Update**

Ski Gateway/Inappropriate Referrals: *“Inappropriate referrals are still being received, mainly for Alcohol Service”*

Morgan Flynn (MF) noted that in order to access the correct referral screen it is necessary to go to MENTAL HEALTH first, and then HERDMANFLAT (Education point)

4.4 Previous Item

**5.2 Acute Bed Move**

*“A query was raised regarding contact numbers for post-midnight support for East Lothian and Midlothian. David Haldane will contact Susan Hickey to clarify this”*. Item to be carried forwards

DH

4.5 Previous Items

**5.7 Psychology**

*“Midlothian is working with QMU to define University duty of care for on campus mental health services under the Mental Disability and Discrimination Acts. QMU is currently producing a report. Linda Irvine will send this to Group members.”* IJ to liaise with LI

IJ/LI

A date for the CBT course for GPs has been arranged.

4.6 Previous Item

**10.1 ELIG: DLA & Attendance Allowance Green Paper**

*“There are concerns regarding the ‘green paper’ on DLA and Attendance Allowance, currently in consultation in England (14 July – 13 November). As yet, it is unknown whether this will affect Scotland. Nikki Moran (NM) is contacting Scottish Parliament for information in this regard.”* – point to be carried forward

NM

**5.0 Mental Health and Wellbeing Programme Board Update**

Nothing to report

**6.0 Local Strategy and Implementation Plan**

6.1 *CMHT Update*

The group were reminded that the November GP Practice Forum is a dedicated educational event for GPs regarding Community Mental Health.

It was noted GPs do not have the flexibility to attend patients in the community at short notice, in regards to the referral system: this is resulting in Emergency Detention Order scenarios.

A query was raised as to whether Psychiatrists could attend the November GP Practice Forum.

IT was noted that East Lothian Council currently do not have a representative at this meeting.

It was noted that the restructured system has been running for almost a year: the need for review was noted. Issues with the Allocations Process were noted: the Operational Management team is dealing with this. A discussion of the CMHT allocations/referrals process ensued

It was noted that there appears to be problems within the CPN service – GPs have noted a lack of service provision.

It was generally agreed that there is a need to improve the interface between systems and departments within the CMHT by improving communications.

It was also generally agreed that the CMHT has improved greatly in many areas, particularly Clinical Psychology.

#### 6.2 *Acute Bed Move*

It was noted that Garleton Ward is currently down to 6 bed occupancy; Hermitage Ward currently hosts 6-7 patients. It was anticipated that Garleton might be closed by the end of the week.

No feedback on how Hermitage Ward is running is available as yet.

A query was raised regarding what mechanisms and mechanism monitoring systems are in place to keep Hermitage residents informed of services that will still be available externally of Hermitage, after the move.

It was noted that two CAB advisors are working between the RIR and REH and will link/liaise with the JMHPG in this regard.

#### 6.3 *Cameron Cottage (CC) Update*

All CC places are currently full, and there is no waiting list. A query was raised as to whether any residents had left CC to date as evidence of throughput.

It was noted that the projected time frame for residency of CC is between 6 – 12 months, and that this needs active management. It was also noted that patients are evincing a desire to move on from CC.

A query was raised as to whether any obstacles are preventing residents from exiting CC. It was noted that each case is individual, and there are no generally applicable obstacles.

A concern regarding the substandard building fabric of CC was raised – there is a need to speak with Castle Rock regarding this.

FG

6.4 *Social Work Posts*  
A very good response to advert was reported, with four promising candidates shortlisted.

6.5 *Peer Support Update*  
Peer support representatives have requested that they attend a JMHPG meeting as they have proposals to make.

6.6 *Day Services*  
A 'Tynepark is Changing' event has been planned for Wednesday 14 October 2009 (12:00 – 14:00 hrs) in the Tynepark Café.

Work is ongoing to cement ties between Cameron Cottage and Tynepark. Tynepark may prove useful for CC residents when leaving.

Many improvements have occurred at Tynepark and there are still areas evolving, including vocational rehabilitation. There is a willingness to engage with change at Tynepark and progress is occurring steadily.

Discussion ensued regarding the 'drop-in' / peer support facility at Tyne Park

6.7 *Psychology*  
PN commented that all Psychology events should be channelled through the JMHPG (e.g. Online CBT proposal - James Hardy, Trainee Clinical Associate in Applied Psychology)

## **7.0 Carers**

### *Referrals*

It was noted that there is now a waiting list for referrals to services. It is hoped that this may be alleviated by peer support resulting from a course.

Supplementing of staff hours is being considered: a formal proposal paper will be tabled in October/November.

The service survey results will be disseminated to the group when available.

**TS**

## **8.0 ELIG**

### *Older Peoples Service*

Users are expressing concern regarding the Eddington and Belhaven Hospitals as there is popular belief that these are due to close down.

NHS 24 services are raising concerns as ambulances are not always dispatched. It was noted that a change in policy has ensued from numbers of calls which have been shown as non-emergency priorities.

There is concern that day passes at the Royal Edinburgh Hospital may now no longer be issued. A query was raised as to why this differed from Garleton Ward.

**9.0 Acute Patient Forum**

No current updates.

**10.0 AOCB**

10.1 *East Lothian Energy Advice Centre (ELEAC)*

As part of Changeworks (Edinburgh based charity) ELEAC provides an advice and advocacy service to East Lothian regarding energy, waste prevention and transport. ELEAC also refers to the Scottish Government's Energy Assistance Package.

11.0 **Date of Next meeting**

**28<sup>th</sup> October 2009 – 14:00 hrs Board Room, Edenhall.**